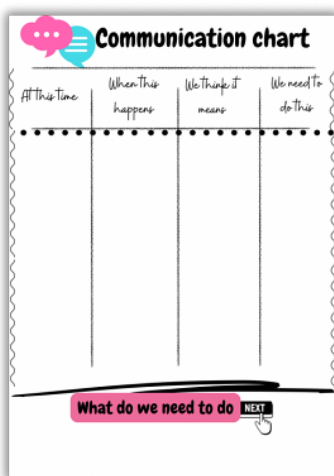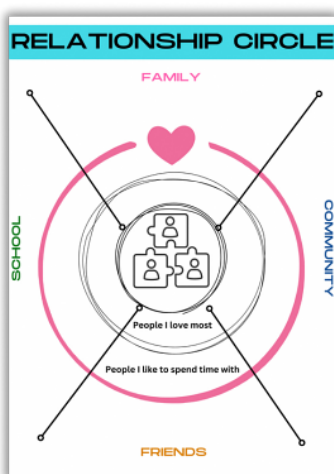# PERSON-CENTRED PLANNING TOOLS

CONTENT OVERVIEW

The One-Page Profile distills key information about the student, including their strengths, preferences, interests, and the support they require.

This tool facilitates more personalised interactions and better support by focusing on the student's unique identity and needs.
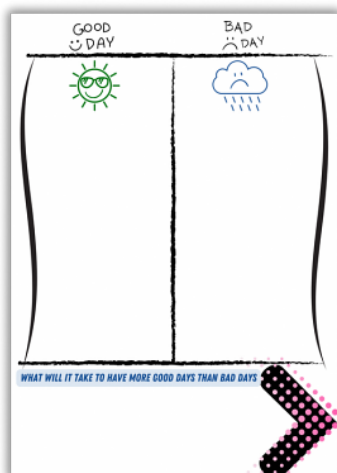
The Communication Chart documents the student's ways (i.e., words/behaviour) to express their thoughts, feelings, needs, and responses.

This tools aims to bridge communication gaps by capturing how the student communicates various messages, what those messages mean, and the most effective ways to respond. It is especially beneficial for students with limited verbal communication abilities.

The Relationship Circle offers a visual representation of the personal and professional relationships surrounding the student – the number, depth and spread of relationships.

This tool ensures a comprehensive understanding of the student's social and support ecosystem, allowing targeted efforts to strengthen their existing relationships and build new ones.

The Good Day/Bad Day highlights the elements that contribute to the student's well-being and satisfaction by contrasting positive and negative experiences.

This tool allows for proactive planning to maximise the occurrence of good days and minimize factors leading to bad days. It can be used alongside the One-Page-Profile to elicit the student's needs and preferences.
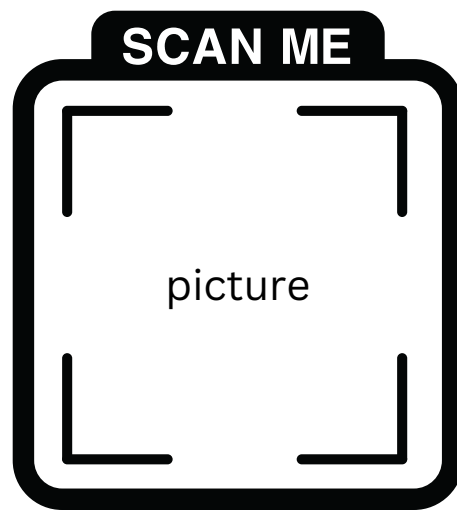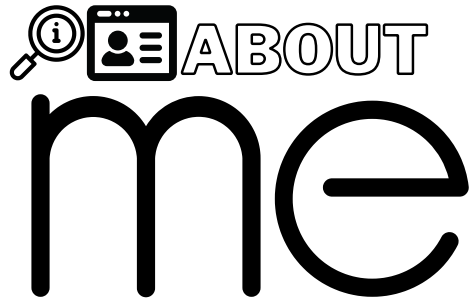
The Decision-Making Agreement identifies the key decisions, outlining how the individual should be involved, and clarifying who holds the final say.

This tool critically examines how much choice and control the student has and realigns the balance of decision-making power, ensuring that it rightfully sits with them.

The Decision-Making Profile delves into the intricacies of how the student receives (i.e., written words, symbols, pictures or audio), processes, and responds to information.

This tool highlights effective methods of communicating information and presenting choices to the student, thereby empowering them to make informed decisions. It can be used alongside the One-Page Profile and Communication Chart.

ABOUT me

picture

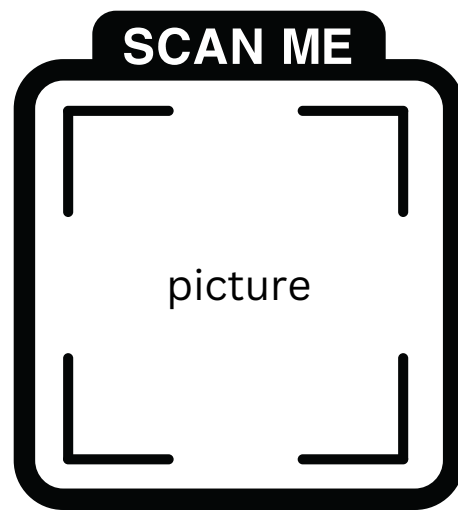## What people like about me

What is important to me

How best to support me

ABOUT me

What people like about me

What is important to me

How best to support me

Communication Chart

At this time	When this happens	We think it means	We need to do this

What do we need to do NEXT
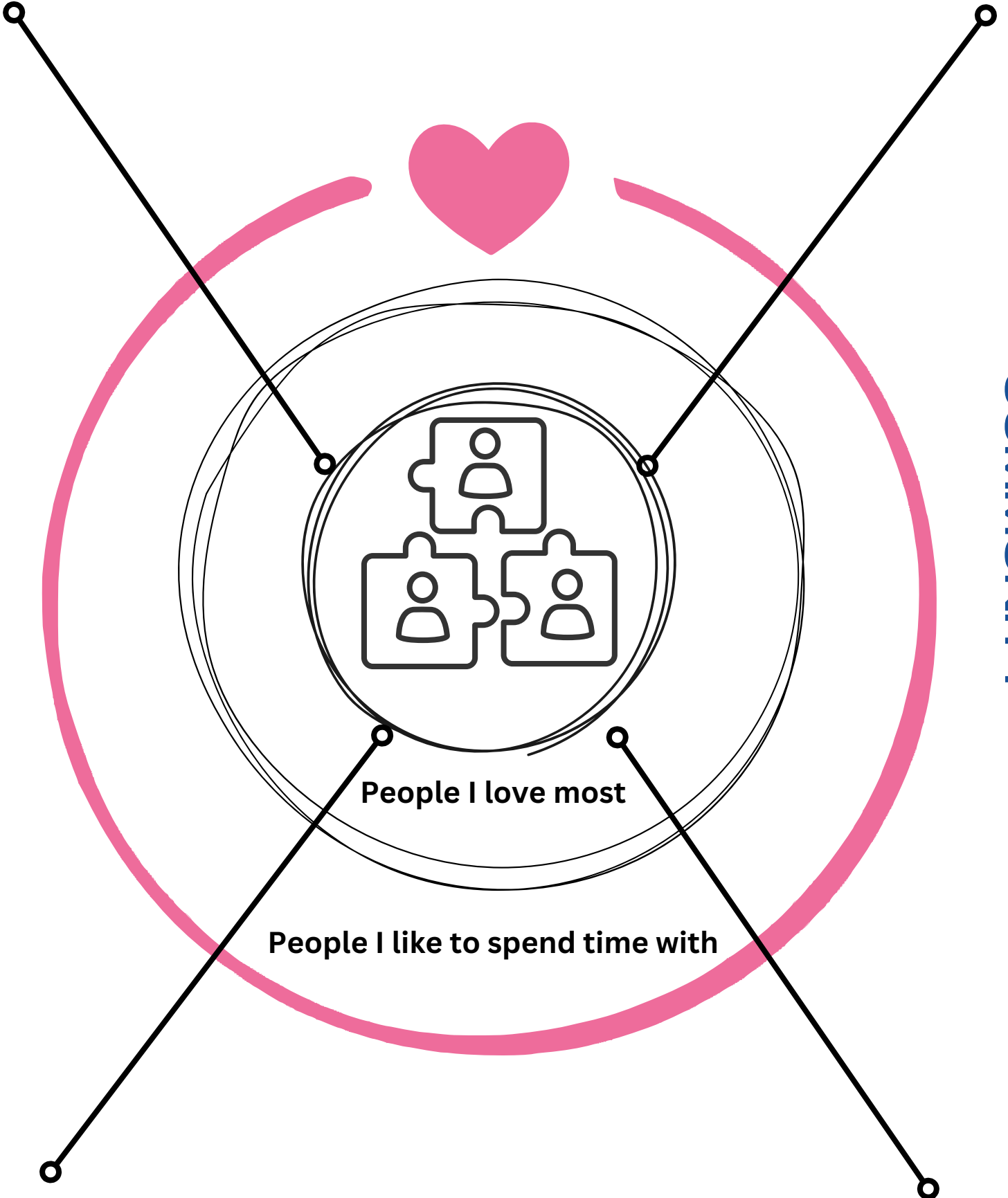
RELATIONSHIP CIRCLE

FAMILY

SCHOOL

COMMUNITY

People I love most

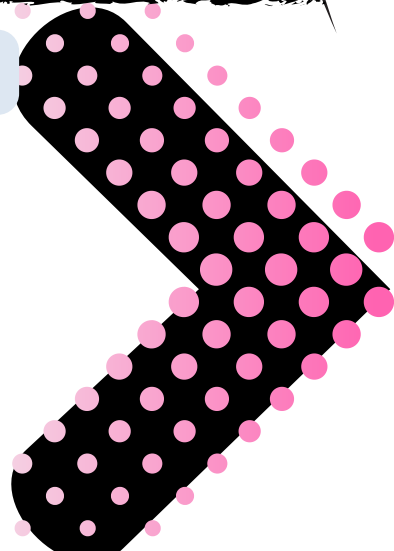People I like to spend time with

FRIENDS

GOOD ☺ DAY

BAD ☹ DAY

WHAT WILL IT TAKE TO HAVE MORE GOOD DAYS THAN BAD DAYS

Decision Making Agreement

↓ IMPORTANT DECISIONS IN MY LIFE

↓ HOW I MUST BE INVOLVED

↓ WHO DECIDES

I CAN MAKE MY DECISION WHEN I.....

Decision Making Profile

↓ **HOW I LIKE TO FIND OUT ABOUT THINGS**

↓ **HOW TO PRESENT CHOICES TO ME**

↓ **WAYS I CAN UNDERSTAND BETTER**

Decision Making Profile

↓ **I AM READY TO MAKE A DECISION WHEN...**

↓ **I AM NOT READY TO MAKE A DECISION WHEN...**

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